## FOR WOMEN HEALTHCARE

### **NOTICE OF PRIVACY PRACTICES**

As Required by the Privacy Regulations Created as a Result of the Health Insurance Portability and Accountability

Act of 1996-(HIPAA), Health Information Technology for Economic and Clinical Health Act (HITECH Act), and

associated regulations and amendments

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

If you have any questions about this Notice of Privacy Practices ('Notice'), please contact:

Privacy Officer Ayodele Olowookere, M.D., P.A.

Compliance/Privacy/Security Officer

Phone Number: 2110 W. Michigan Avenue Suite: A

Midland, TX 79701 432-688-8888

#### Section A: Who Will Follow This Notice?

This Notice describes For Women Healthcare (hereafter referred to as 'Provider') Privacy Practices and that of:

Any workforce member authorized to create medical information referred to as Protected Health Information (PHI) which may be used for purposes such as Treatment, Payment and Healthcare Operations. These workforce members may include:

- · All departments and units of the Provider.
- · Any member of a volunteer group.
- All employees, staff and other Provider personnel.
- Any entity providing services under the Provider's direction and control will follow the terms of
  this notice. In addition, these entities, sites and locations may share medical information with
  each other for Treatment, Payment or Healthcare Operational purposes described in this Notice.

#### Section B: Our Pledge Regarding Medical Information

We understand that medical information about you and your health is personal. We are committed to protecting medical information about you. We create a record of the care and services you receive at the Provider. We need this record to provide you with quality care and to comply with certain legal requirements. This Notice applies to all of the records of your care generated or maintained by the Provider, whether made by Provider personnel or your personal doctor.

This Notice will tell you about the ways in which we may use and disclose medical information about you. We also describe your rights and certain obligations we have regarding the use and disclosure of medical information.

#### We are required by law to:

- Make sure that medical information that identifies you is kept private;
- Give you this Notice of our legal duties and privacy practices with respect to medical information about you; and
- Follow the terms of the Notice that is currently in effect.

#### Section C: How We May Use and Disclose Medical Information About You

The following categories describe different ways that we use and disclose medical information. For each category of uses or disclosures we will explain what we mean and try to give some examples. Not every use or disclosure in a category will be listed. However, all of the ways we are permitted to use and disclose information will fall within one of the categories.

• Treatment. We may use medical information about you to provide you with medical treatment or services. We may disclose medical information about you to doctors, nurses, technicians, health care students, or other Provider personnel who are involved in taking care of you at the Provider. For example, a doctor treating you for a broken leg may need to know if you have diabetes because diabetes may slow the healing process. In addition, the doctor may need to tell the dietitian if you have diabetes so that we can arrange for appropriate meals. Different departments of the Provider also may share medical information about you in order to coordinate different items, such as prescriptions, lab work and x-rays. We also may disclose medical information about you to people outside the Provider who may be involved in your medical care after you leave the Provider. OR

The physician in this practice is a specialist. When we provide treatment, we may request that your primary care physician share your medical information with us. Also, we may provide your primary care physician information about your particular condition so that he or she can appropriately treat you for other medical conditions, if any.

- Payment. We may use and disclose medical information about you so that the treatment and
  services you receive at the Provider may be billed and payment may be collected from you, an
  insurance company or a third party. For example, we may need to give your health insurer
  information about surgery you received at the Provider so your health insurer or HMO will pay us
  or reimburse you for the procedure. We may also tell your health insurer or HMO about a
  prescribed treatment to obtain prior approval or to determine whether your plan will cover the
  treatment.
- Healthcare Operations. We may use and disclose medical information about you for Provider operations. These uses and disclosures are necessary to run the Provider and make sure that all of our patients receive quality care. For example, we may use medical information to review our treatment and services and to evaluate the performance of our staff in caring for you. We may also combine medical information about many Provider patients to decide what additional services the Provider should offer, what services are not needed, and whether certain new treatments are effective. We may also disclose information to doctors, nurses, technicians, health care students, and other Provider personnel for review and learning purposes. We may also combine the medical information we have with medical information from other Providers to compare how we are doing and see where we can make improvements in the care and services we offer. We may remove information that identifies you from this set of medical information so

others may use it to study health care and health care delivery without learning a patient's identity.

- Appointment Reminders. We may use and disclose medical information to contact you as a reminder that you have an appointment for treatment or medical care at the Provider.
- Treatment Alternatives. We may use and disclose medical information to tell you about or recommend possible treatment options or alternatives that may be of interest to you.
- Health-Related Benefits and Services. We may use and disclose medical information to tell
  you about health-related benefits or services that may be of interest to you.
- Fundraising Activities. We may use information about you to contact you in an effort to raise
  money for the Provider and its operations. We may disclose information to a foundation related
  to the Provider so that the foundation may contact you about raising money for the Provider. We
  only would release contact information, such as your name, address and phone number and the
  dates you received treatment or services at the Provider. If you do not want the Provider to
  contact you for fundraising efforts, you must notify us in writing and you will be given the
  opportunity to 'Opt-out' of these communications.

#### Authorizations Required

We will not use your protected health information for any purposes not specifically allowed by Federal or State laws or regulations without your written authorization, this includes uses of your PHI for marketing or sales activities.

Emergencies. We may use or disclose your medical information if you need emergency
treatment or if we are required by law to treat you but are unable to obtain your consent. If this
happens, we will try to obtain your consent as soon as we reasonably can after we treat you.

#### Psychotherapy Notes

Psychotherapy notes are accorded strict protections under several laws and regulations. Therefore, we will disclosure psychotherapy notes only upon your written authorization with limited exceptions.

- Communication Barriers. We may use and disclose your health information if we are unable to
  obtain your consent because of substantial communication barriers, and we believe you would
  want us to treat you if we could communicate with you.
- Provider Directory. We may include certain limited information about you in the Provider
  directory while you are a patient at the Provider. This information may include your name,
  location in the Provider, your general condition (e.g., fair, stable, etc.) and your religious
  affiliation. The directory information, except for your religious affiliation, may also be released to
  people who ask for you by name. Your religious affiliation may be given to a member of the
  clergy, such as a priest or rabbi, even if they do not ask for you by name. This is so your family,
  friends and clergy can visit you in the Provider and generally know how you are doing.
- Individuals Involved in Your Care or Payment for Your Care. We may release medical
  information about you to a friend or family member who is involved in your medical care and we
  may also give information to someone who helps pay for your care, unless you object in writing
  and ask us not to provide this information to specific individuals. In addition, we may disclose

medical information about you to an entity assisting in a disaster relief effort so that your family can be notified about your condition, status and location.

- Research. Under certain circumstances, we may use and disclose medical information about you for research purposes. For example, a research project may involve comparing the health and recovery of all patients who received one medication to those who received another, for the same condition. All research projects, however, are subject to a special approval process. This process evaluates a proposed research project and its use of medical information, trying to balance the research needs with patients' need for privacy of their medical information. Before we use or disclose medical information for research, the project will have been approved through this research approval process, but we may, however, disclose medical information about you to people preparing to conduct a research project, for example, to help them look for patients with specific medical needs, so long as the medical information they review does not leave the Provider. We will almost always generally ask for your specific permission if the researcher will have access to your name, address or other information that reveals who you are, or will be involved in your care at the Provider.
- As Required By Law. We will disclose medical information about you when required to do so by federal, state or local law.
- To Avert a Serious Threat to Health or Safety. We may use and disclose medical information
  about you when necessary to prevent a serious threat to your health and safety or the health and
  safety of the public or another person. Any disclosure, however, would only be to someone able
  to help prevent the threat.
- E-mail Use.

E-mail will only be used following this Organization's current policies and practices and with your permission. The use of secured, encrypted e-mail is encouraged.

#### **Section D: Special Situations**

- Organ and Tissue Donation. If you are an organ donor, we may release medical information to
  organizations that handle organ procurement or organ, eye or tissue transplantation or to an
  organ donation bank, as necessary to facilitate organ or tissue donation and transplantation.
- **Military and Veterans.** If you are a member of the armed forces, we may release medical information about you as required by military command authorities. We may also release medical information about foreign military personnel to the appropriate foreign military authority.
- Workers' Compensation. We may release medical information about you for workers' compensation law or similar programs.
- Public Health Risks. We may disclose medical information about you for public health activities.
   These activities generally include the following:
  - o to prevent or control disease, injury or disability;
  - o to report births and deaths;
  - o to report child abuse or neglect;
  - o to report reactions to medications or problems with products;
  - o to notify people of recalls of products they may be using;
  - to notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition; and

- to notify the appropriate government authority if we believe a patient has been the victim of abuse, neglect or domestic violence. We will only make this disclosure if you agree or when required or authorized by law.
- Health Oversight Activities. We may disclose medical information to a health oversight agency
  for activities authorized by law. These oversight activities include, for example, audits,
  investigations, inspections, and licensure. These activities are necessary for the government to
  monitor the health care system, government programs, and compliance with civil rights laws.
- Lawsuits and Disputes. If you are involved in a lawsuit or a dispute, we may disclose medical
  information about you in response to a court or administrative order. We may also disclose
  medical information about you in response to a subpoena, discovery request, or other lawful
  process by someone else involved in the dispute, but only if efforts have been made to tell you
  about the request or to obtain an order protecting the information requested.
- Law Enforcement. We may release medical information if asked to do so by a law enforcement official:
  - o in response to a court order, subpoena, warrant, summons or similar process;
  - to identify or locate a suspect, fugitive, material witness, or missing person;
  - about the victim of a crime if, under certain limited circumstances, we are unable to obtain the person's agreement;
  - about a death we believe may be the result of criminal conduct;
  - o about criminal conduct at the Provider; and
  - in emergency circumstances, to report a crime; the location of the crime or victims; or the identity, description or location of the person who committed the crime.
- Coroners, Medical Examiners and Funeral Directors. We may release medical information to
  a coroner or medical examiner. This may be necessary, for example, to identify a deceased
  person or determine the cause of death. We may also release medical information about patients
  of the Provider to funeral directors as necessary to carry out their duties.
- National Security and Intelligence Activities. We may release medical information about you
  to authorized federal officials for intelligence, counterintelligence, and other national security
  activities authorized by law.
- Protective Services for the President and Others. We may disclose medical information about you to authorized federal officials, so they may provide protection to the President, other authorized persons or foreign heads of state or conduct special investigations.
- Inmates. If you are an inmate of a correctional institution or under the custody of a law
  enforcement official, we may release medical information about you to the correctional institution
  or law enforcement official. This release would be necessary for the institution to provide you
  with health care, to protect your health and safety or the health and safety of others, or for the
  safety and security of the correctional institution.

#### Section E: Your Rights Regarding Medical Information About You

You have the following rights regarding medical information we maintain about you:

- Right to Access, Inspect and Copy. You have the right to access, inspect and copy the
  medical information that may be used to make decisions about your care, with a few exceptions.
  Usually, this includes medical and billing records, but may not include psychotherapy notes. If
  you request a copy of the information, we may charge a fee for the costs of copying, mailing or
  other supplies associated with your request.
- We may deny your request to inspect and copy medical information in certain very limited circumstances. If you are denied access to medical information, in some cases, you may request that the denial be reviewed. Another licensed health care professional chosen by the Provider will review your request and the denial. The person conducting the review will not be the person who denied your request. We will comply with the outcome of the review.
- Right to Amend. If you feel that medical information we have about you is incorrect or
  incomplete, you may ask us to amend the information. You have the right to request an
  amendment for as long as the information is kept by or for the Provider. In addition, you must
  provide a reason that supports your request.
- We may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that:
  - Was not created by us, unless the person or entity that created the information is no longer available to make the amendment;
  - Is not part of the medical information kept by or for the Provider;
  - o Is not part of the information which you would be permitted to inspect and copy; or
  - Is accurate and complete.
- Right to an Accounting of Disclosures. You have the right to request an 'Accounting of Disclosures'. This is a list of the disclosures we made of medical information about you. Your request must state a time period which may not be longer than six years and may not include dates before April 14, 2003. Your request should indicate in what form you want the accounting (for example, on paper or electronically, if available). The first accounting you request within a 12-month period will be complimentary. For additional lists, we may charge you for the costs of providing the list. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.
- Right to Request Restrictions. You have the right to request a restriction or limitation on the medical information we use or disclose about you for payment or healthcare operations. You also have the right to request a limit on the medical information we disclose about you to someone who is involved in your care or the payment for your care, like a family member or friend. For example, you could ask that we not use or disclose information about a surgery you had. In your request, you must tell us what information you want to limit, whether you want to limit our use, disclosure or both, and to whom you want the limits to apply (for example, disclosures to your spouse). We are not required to agree to these types of request. We will not comply with any requests to restrict use or access of your medical information for treatment purposes.